

The Parents' and Carers' Guide to the Internet



Why are you here today?



48% of children in the UK say there are things on the internet that bother children their own age

EU Kids Online II

48% of parents think their child knows more about the internet then they do

24% of 11 – 16's who use the internet at home feel more confident on the internet than in real life

Ofcom 2011









[PLAY FILM]



Your child comes home from school and tells you they want an account on a popular gaming site for children Fishy Finder. They tell you that EVERYONE in their class has an account and that they feel left out.

- What are your next steps?
- What boundaries do you set?



You bought your teenager a laptop for Christmas. They spend all of their time using it and you are not sure what they are up too. You are concerned about the information they are possibly sharing and who they are talking to.

What might your concerns be?

How you approach the subject?

What are you next steps?

What can you do to protect them?



Frequently asked questions



- 1. My child is under 13 and wants a Facebook account, do I allow them?
- 2. At what age should a child own a mobile phone?
- 3. At what age should I allow my child their first email account?
- 4. How to I talk to my child about their "friends" online?
- 5. How do I talk to my child about inappropriate content online?

- 6. How do I approach the subject of online porn with my teenager?
- 7. What can I do if my child is being cyberbullied?
- 8. What can I do if my child has been approached by an adult online?
- 9. My child has had something posted about them, how do I get it removed?
- 10. I haven't set any parental controls, where do I start?



[ADD CONTENT WHERE APPROPRIATE]



- 1. Talk to your child about what they're up to online.
- 2. Watch Thinkuknow films and cartoons with your child.
- 3. Keep up-to-date with your child's development online.
- 4. Set boundaries in the online world just as you would in the real world.
- 5. Keep all equipment that connects to the internet in a family space.
- 6. Use parental controls on devices that link to the internet, such as the TV, laptops, computers, games consoles and mobile phones.



Welcome to CEOP's Thinkuknow for Parents and Carers!



www.thinkuknow.co.uk/parents